

Bet on Yourself - Draft Terms and Conditions

Challenge Period

- Starts: Monday 7th September 2026.
- Ends: Sunday 1st November 2026.

Entry

- \$49: Includes two goal setting sessions with a trainer, fitness testing pre- and post-challenge, UniActive social fitness activities, access to the Bet on Yourself Instagram group chat, eligibility for the major prize draw.
- Open to UniActive members via the member portal.

The Bet

- Participants nominate one personal fitness-based goal.
- Goals must be specific, measurable and verifiable.
- UniActive reserves the right to approve or reject goals.
- Goals must be deemed safe and reasonable.
- Goals must be achievable within the challenge period.
- Goals must comply with UniActive policies and facility rules.

Verification

- Evidence of a completed bet must be provided before the closing date.
- Participants are responsible for providing evidence.
- Acceptable evidence may include fitness testing results, activity tracking data, event results, trainer verification, photographs or other documentation as determined by UniActive.
- UniActive may request additional evidence if required.
- UniActive staff reserve the right to determine whether the goal has been successfully completed.

Reward

- Successful participants receive \$25 UniActive club credit.
- Fitness Passport and Salary Sacrifice members will have to nominate an eligible UniActive service the credit will be used for.
- Credit can be used towards membership fees, Personal Training, Reformer Pilates, Pool entry, swim school or court hire.

- Credit expires after 6 months.
- Credit cannot be transferred to other members or exchanged for cash.

Prize Draw

- Successful completion of your bet will earn you an entry into the major prize draw.
- The winner will be drawn at random on completion of the challenge.
- The Runner Up will be a “Coach’s Choice” decided upon by UniActive staff for the participant deemed to have put in the most commitment and effort during the challenge period.
- Winners will be contacted by phone once all participants’ evidence has been reviewed – the week of November 1, 2026.

Changes

- Goals cannot be changed after approval.
- Exceptions may be granted for injury or unforeseen circumstances.

Health and Safety

- Participants acknowledge they are participating voluntarily and are responsible for ensuring they are medically fit to undertake their chosen goal. Participants should seek medical advice before commencing a new exercise program if appropriate.
- UniActive is not responsible for injuries sustained while training for or completing a participant's nominated goal, except where liability cannot be excluded by law.
- Goals must not require unsafe practices or encourage excessive exercise, rapid weight loss, or other unhealthy behaviours.

Privacy

- By participating, entrants consent to UniActive collecting and using their personal information for the administration of the challenge in accordance with UniActive's Privacy Policy.
- Participants may be invited to have their name, image or success story featured in UniActive promotional material. Consent will be sought before publication.