UNIACTIVE CHRISTMAS/NEW YEARS OPERATION HOURS

DATE	UNIACTIVE GYM	GX CLASESS	UNIACTIVE POOL	IC GYM	SPORTS HUB
24 DECEMBER			Closes at 1PM	Staffed 9AM - 1PM, 24/7 Access Available	Closed
25/26 DECEMBER			Closed	No Staffed Hours, 24/7 Access Available	Closed
27 - 31 DECEMBER	27 - 31 DECEMBER 8AM - 1 PM		8AM - 12PM	24/7 Access Available Saturday 27: 1PM - 4PM Sunday 28: Not Staffed Monday 29: 3PM - 6PM Tuesday 30: 3PM - 6PM Wednesday 31 - Not Staffed	Closed
1 JANUARY 2026 Closed		No Classes	Closed	No Staffed Hours, 24/7 Access Available	Closed

UniActive will return to normal hours from the 2/1/2026.

Swim for Fitness Program to restart on the 5/1/2026.

Sports HUB will be closed from 24/12/2025 - 4/1/2026, except for Group X Classes

Have a safe & wonderful Summer Holiday. We look forward to seeing you in 2026.

PLEASE SEE THE FOLLOWING PAGE FOR GROUP X TIMETABLE



DECEMER 29 - 4

UNIACTIVE WOLLONGONG CAMPUS TIMETABLE

	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
0.20414	BODYPUMP 45 minutes	YOGA 60 minutes	PILATES 45 minutes		BODYPUMP 45 minutes	PILATES 45 minutes	YOGA 60 minutes
9:30AM						RIDE 45 minutes	
4:45PM				CLOSED	RPM 45 minutes		
5:30PM					PILATES 45 minutes		

CLASS LOCATION KEY:

GYM FLOOR

GX STUDIO

POOL

CYCLE STUDIO

SPORTS HUB TIMETABLE

	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
8:30AM	FMT ATHLETIC 60 minutes	FMT STRENGTH 45 minutes	HYROX 60 minutes	מז טמבט	FMT ATHLETIC 45 minutes	FMT STRENGTH 60 minutes	HYROX 60 minutes
11:45AM				CLOSED	FMT ATHLETIC 45 minutes		

INNOVATION CAMPUS TIMETABLE

	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
STAFFED HOURS	3pm - 6pm	3pm - 6pm	Not Staffed	CLOSED	8AM - 1PM	1PM - 4PM	Not Staffed

CLASS LOCATION KEY:

IC GYM

CITY FUNCTION ROOM

REFORMER PILATES TIMETABLE

	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
9:30AM	45 minutes	45 minutes	45 minutes		45 minutes	45 minutes	
12:00PM	45 minutes		45 minutes	CLOSED	45 minutes		
6:15PM	45 minutes						

CLASS LOCATION KEY:

REJUVENATE STUDIO