

FROM JULY 2024

REFORMER PILATES TIMETABLE

UNIACTIVE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:45AM	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes		
6:30AM	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes		
8:15AM						REFORMER PILATES 45 minutes
12:30PM	REFORMER PILATES 45 minutes		REFORMER PILATES 45 minutes		REFORMER PILATES 45 minutes	
4:45PM		REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes		
5:30PM	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes	REFORMER PILATES 45 minutes		
6:15PM	REFORMER PILATES 45 minutes					

CLASS LOCATION KEY:

REJUVENATE STUDIO